



The Foundation Certificate in Neurodiversity-Informed Coaching

Master the Spiky Profile Reality

8 Weeks | Foundation Level | The Dopamine Academy

Move beyond the
medical model. Coach
the neurodivergent
operating system.



THE DOPAMINE ACADEMY
NEURODIVERSE EDUCATION & COACHING

Course Overview

Who This Is For

This certification is designed for coaches, educators, and leaders who want to move beyond the medical model of 'deficits' and master the 'spiky profile' reality. You will learn to coach the specific operating system of the neurodivergent brain by integrating the science of dopamine (ADHD), the need for sensory safety (Autism), and processing differences (Dyslexia/Dyspraxia) to help clients thrive in a neurotypical world.



Master the Neurodivergent Operating System



Coach Beyond Deficits



Help Clients Thrive

Phase 1: The Internal Landscape

Understanding the Neurodivergent Operating System



Week 1: The Spiky Profile Paradigm

- The Myth of Average
- The Neuro-Landscape: ADHD, Autism, Dyslexia, Dyspraxia
- The AuDHD Intersection
- The Social Model



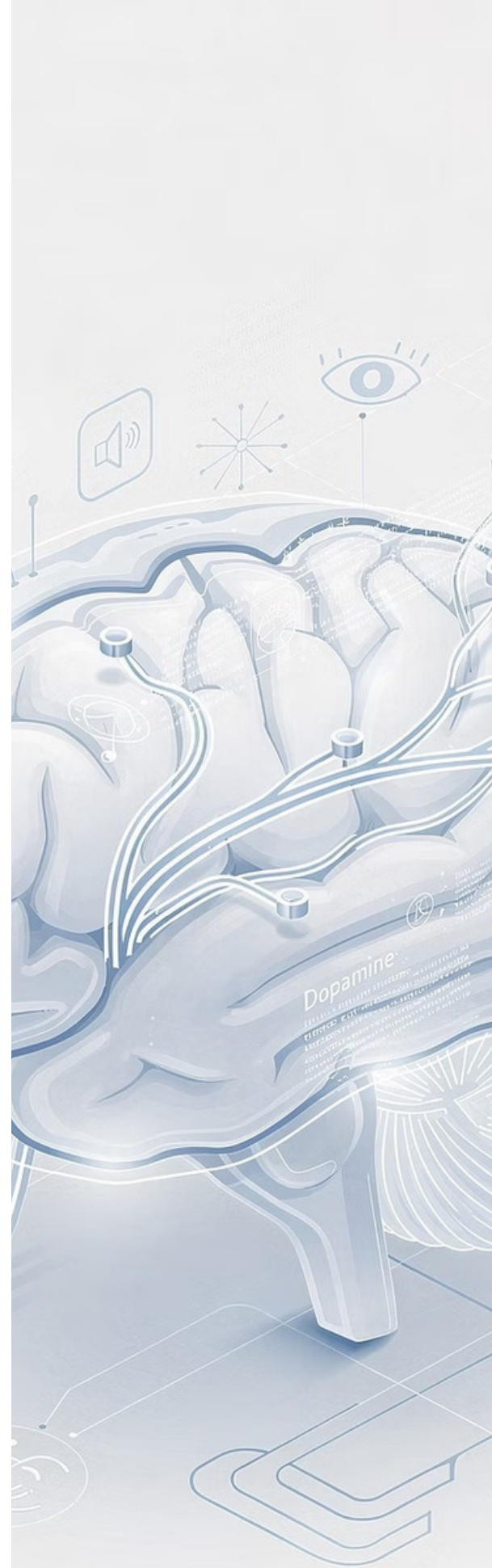
Week 2: The Fuel (Dopamine & Drive)

- Interest-Based Nervous System
- The Dopamine Deficit
- Tool: The Dopamine Menu
- Processing Speeds



Week 3: The Senses (Regulation & Safety)

- Sensory Processing
- The "Rumblings"
- Stimming as Regulation
- Tool: The Sensory Safety Checklist



Phase 2: The External Landscape

Applying the Science to Real-World Scenarios



Week 4: Executive Function Scaffolding



- Time Blindness
- Object Permanence
- Task Switching
- Tools: Body Doubling, Visual Anchors

Week 5: Neurodiversity in Context



- The Workplace
- The Home
- Relationships & Double Empathy
- Advocacy 101

Week 6: Emotional Regulation & Communication



- Rejection Sensitive Dysphoria (RSD)
- Masking & Burnout
- Communication Differences

Phase 3: The Coach

Practice & Ethics



Week 7: The Neuro-Affirming Coaching Container

- Contracting & Boundaries
- Session Design Alternatives
- Dopamine-Aligned Goal Setting



Week 8: Ethics, Scope & Integration

- The Red Lines
- Scope of Practice
- Final Assessment
- Certification Award





What You'll Gain



Deep Understanding

Master the neurodivergent operating system beyond diagnostic labels



Practical Tools

Dopamine Menus, Sensory Checklists, Executive Function Scaffolds



Ethical Framework

Know your scope, boundaries, and when to refer



Professional Certification

Foundation Certificate from The Dopamine Academy

Program Details

Duration

8 Weeks

Level

Foundation (Level 1 equivalent)

Format

Online, Self-Paced with Live Support

Awarding Body

TheDopamineAcademy

Ready to Transform Your Coaching Practice?

Join us in moving beyond deficits to help neurodivergent clients truly thrive.